

PE Leadership

Miss Farrell is the PE coordinator at Woodborough Woods. She is responsible for developing the PE curriculum and delivering training on PE across the school.

Curriculum Design

Our curriculum is progressive and designed in a way that highlights the children's developing abilities, mental capacity, and emotional understanding. PE lessons progress across all the year groups and build upon previous knowledge.



Curriculum Intent

- To ensure children develop positive attitudes towards exercise and health.
- To ensure pupils lead active lives and understand the value of living a healthy and physical lifestyle. This is to inspire children to succeed in physical education and develop resilience and collaboration with others.

Our Vision

PE at Woodborough Woods supports children to find their strengths so that they can reach their full potential and lead a life which health and fitness at its core. Children are encouraged to participate in a range of activities and supported to build their confidence, whatever their ability is. Our PE curriculum is inclusive and ensures that all pupils access the range of activities and are appropriately challenged to improve their personal fitness levels. Regular participation in sports is linked to boosting mental wellbeing, builds resilience and supports children to develop bodily autonomy. In addition to this, we invest in specialist coaches which teach our PE lessons across the key stages and lead extra-curricular activities.

PE Pillars of Learning:

Throughout school, we will be focusing on teaching skills in the following areas:

- Healthy Participation
- Motor Competence
- Rules, Strategies and Tactics

Wider School Curriculum

We feel very strongly that every child should be given the opportunity to participate in extra curricular activities. Subsequently, we run numerous clubs throughout the year across the key stages.