



Spring 2 – Our School Value: KINDNESS

Woodborough Woods Primary School Values Newsletter

Dear Parents and Carers,

At Woods, we believe in nurturing not only the minds but also the hearts of our pupils. That's why we have adopted six core Christian values—one for each half term—to help guide our collective worship, classroom reflection, and school-wide behaviour.

👉 Love, Respect, Peace, Kindness, Patience, and Perseverance

These values provide an important framework for helping to define and celebrate the work of our school beyond the curriculum and play a key role in shaping the caring, compassionate community we are proud of.

Our value for this half term is KINDNESS



'Do to others what you want them to do to you.' Matthew 7:12

At Woods, we believe kindness is at the heart of everything we do. Kindness means looking after one another, being considerate in our words and actions, and noticing the small opportunities each day to make a positive difference to someone else.

We regularly take time to acknowledge and celebrate acts of kindness, helping children understand that even the smallest actions can have a powerful impact.

Our school rule – We are kind and polite; we share, we include and we help others.

👉 Why KINDNESS matters at Woods

Kindness helps to create a happy, welcoming, and supportive school environment where everyone feels valued and safe.

By developing kindness, our pupils learn to:

- Be friendly, generous, and considerate
- Include others and build positive relationships
- Show empathy and compassion



- Develop courage and strength to do the right thing
- Understand how their actions affect others

Kindness is not always easy, but children are reminded that choosing kindness—even when it is difficult—helps to build stronger friendships and a more caring community.

"When we release kindness into the world around us, it creates a ripple of goodness."

Bear Grylls

How you can support this value at home

Here are some simple ways to encourage kindness in everyday family life:

1. Model kindness

Let children see kindness in action through your words, actions, and reactions.

2. Notice and praise kindness

Talk about kind choices your child makes and how these help others feel.

3. Encourage empathy

Ask your child to think about how others might be feeling in different situations.

4. Talk about courage

Discuss times when being kind might feel tricky and how courage helps us make good choices.

5. Reflect together

At the end of the day, talk about where kindness was shown or could have been shown.

Activities to promote KINDNESS at home

Serve – practical acts of kindness

- Smile at someone
- Give a genuine compliment
- Let someone go before you in a queue



- Write or draw an encouraging note
- Help a neighbour with a small task
- Take part in a litter pick in your local area
- Collect non-perishable food items for your local food bank

Prayer and reflection

You may wish to use this simple 5-step prayer with your child:

1. Give thanks for something good today
2. Ask God for help to have the courage to be kind
3. Reflect on how kindness made you feel
4. Say sorry for missed opportunities to be kind
5. Decide how you will show kindness tomorrow

A reminder about kindness

We can sometimes think that kindness needs to be something big to matter, but true kindness is often found in the smallest actions. Like a stone dropped into water, even a small act can create ripples that spread far beyond what we can see.

As Martin Luther King Jr reminds us:

"Hatred paralyses life; love releases it... Hatred darkens life; love illuminates it."

By choosing kindness every day, children learn that they have the power to brighten the lives of others and help create a more loving world.

We hope you will join us in exploring this important value with your child at home. When school and home work together, children gain a deeper understanding of what kindness looks like in action.

Warm regards,
Mrs Rankin
Assistant Head and RE Lead