



Summer 1 – Our School Value: PATIENCE Woodborough Woods Primary School Values Newsletter

Dear Parents and Carers,

At Woods, we believe in nurturing not only the minds but also the hearts of our pupils. That's why we have adopted six core Christian values—one for each half term—to guide our collective worship, classroom reflection, and school-wide behaviour.

👉 Love, Respect, Peace, Kindness, Patience, and Perseverance

These values provide an important framework for helping to define and celebrate the work of our school beyond the curriculum and support children in developing important life skills for now and the future.

Our value for this half term is PATIENCE

'Always be humble, gentle, and patient, accepting each other in love.'

Ephesians 4:2

At Woods, we encourage children to learn how to wait with a positive attitude. Waiting can be difficult and being patient is often challenging, but we remind children that trusting God and trusting the process helps us to remain calm and hopeful rather than rushing or becoming frustrated.

Through learning about patience, pupils begin to understand that patience is part of the fruit of the Spirit and helps us to grow in faith, resilience, and understanding.

Our school rule – We listen to others and always follow instructions.

👉 **Why PATIENCE matters at Woods**

Patience is an essential life skill that supports children in many areas of school and everyday life. It helps them manage emotions, persevere with challenges, and build respectful relationships.

By developing patience, our pupils learn to:

- Stay calm and focused when things feel difficult
- Wait their turn and listen carefully to others
- Persevere with challenging tasks

- Show understanding and acceptance towards others
- Build resilience and self-control

As children grow in patience, they learn that good things often take time.
"Patience is not the ability to wait, but how you act while you're waiting."

Joyce Meyer

How you can support this value at home

Here are some ways to help your child practise patience in everyday life:

1. Model patience
Children learn by example—show calm and patience during challenging moments.
2. Set realistic expectations
Start with short waiting times and gradually increase them as your child's skills develop.
3. Encourage patience-building activities
Puzzles, building, cooking, or craft activities all help develop patience in a positive way.
4. Notice and praise patience
When your child shows patience, acknowledge it and talk about how it helped.

Activities to promote PATIENCE at home

1. Calm breathing
Encourage your child to take slow, deep breaths when they begin to feel impatient.
2. Distraction while waiting
Reading, drawing, or counting quietly can help time pass more easily.
3. Set small goals
Break tasks into manageable steps to help children stay motivated.
4. Practise gratitude
Talk about things you are thankful for to help maintain a positive mindset.

A reminder about patience

Patience is a skill that takes time and practice. No one feels patient all the time, and that's okay. Each opportunity to wait, persevere, or stay calm is a chance to grow stronger.

As Aristotle reminds us:
"Patience is bitter, but its fruit is sweet."

By working together at school and at home, we can help children develop patience, resilience, and trust—just as God shows patience towards us.

Thank you, as always, for your continued support in helping us build a calm, respectful, and understanding school community.

Warm regards,

Mrs Rankin

Assistant Head and RE Lead

Always be humble and gentle. Be patient with each other, making allowance for each other's faults because of your love. Ephesians 4:2 (NLT)

